

## Bloomingtondale Recreation News

Register at the Recreation Center,  
61 Main Street, Bloomingtondale, 07403

**Mondays 8am-11am, Wednesdays 7pm-9pm, & Saturdays by apt.**  
**Call 973-838-7618 or 973-296-0319 with questions or email**  
**[bloomingtondalerec@optonline.net](mailto:bloomingtondalerec@optonline.net)**

Register online at **[www.bloomingtondalenj.net](http://www.bloomingtondalenj.net)**

Print out the form, fill it out, send a check to "Bloomingtondale Rec", and mail it in!!

**Pilates "PLUS" Class** This popular class combines traditional Pilates, Yoga, strengthening exercises, stretching and cardio for a COMPLETE workout!! Class will run for 10 weeks, **Spring session starting 4/19/11 Tuesdays 7:30pm.** Fee is \$50. Bring water & 3lb weights!

**Great discounts!**

**Karate Discount program** Just mention "Bloomingtondale Rec." and receive a 50% discount with Traditional Okinawan Karate in Butler call (973) 626-1888 for details!

### What about our Toddlers?

**Pint Sized Picassos** Children 1-3 and their caregivers join up and create works of art for **10 weeks** with Miss Kerri!! **Mondays 9:30-10:15am** Spring session 04/4/11 Fee Residents \$50 non-residents \$55

**Flippin 4&5s 5:30pm & Twisting 6&7s 6:45pm** Gymnastics with Miss Jocelyn At **WTB Gym Thursdays starting 3/24/11** for 8 weeks. Fee is \$45 Come have your child learn gymnastics in a fun and safe environment!!

**Imagine with Music** Children 1-3 and caregivers come explore the fun of Music for **8 weeks** with Miss Ruth **Tuesday** mornings 9:30-10:15am Spring session starts **03/29/11** Fee is \$40, \$45 for non residents.

**For the Science Minded!!**

**Lego Technics Level 2:** This class is not just playing with Legos! Does your child like to see how things are put together? Does he/she like to take things apart? Then this class is for them!! They'll learn engineering while having fun for grades 3-5!! Saturday mornings 9am-10:30am starting Fee is \$30 (Level 1 in Fall)

**Rolling Rascals** Children 1-3 and their caregivers come enjoy the tumbling excitement of gymnastics for 8 weeks with **Miss Jocelyn!! Wednesdays 9:30-10:15am** Spring Session starts **4/13/11** Fee is \$40, \$45 for non residents.

**NEW FOR 2011**

**Art Therapy for Adults** 18+ class for adults *once a month to do a finished art project.* \$30 per session 6 class session (the last Thursday of each month) from 7pm-8pm. Feb. 17<sup>th</sup> March 31, April 28, May 26, June 30 July TBADrawing techniques/ watercolor techniques/ holiday crafts/ and more

**Toddler Playgroup** Children 1 to 3 and their caregivers come join **8 weeks** of games, circle time and free play with Miss Tara. **Thursday** mornings 9:30am-10:15am. Spring session **03/31/11** fee is \$40, \$45 for nonresidents.

**Drawing Skills/ Color Theory** Children ages 12yrs.+ **Mondays (7pm-8pm) \$50** residents/\$55 non-residents for 10 weeks April 4- June 13 (*no class May Children* will exercise drawing skills by learning how to break objects down into simplest forms. They will also learn about color theory and learn watercolor techniques.

**Song & Dance** Open to ages 3-4year olds. Have your child learn the basics of ballet & Jazz to fun filled songs with Miss Rosemarie for 8 weeks!!

**Weds. 4-4:45pm NEW Ages 5 & 6 year olds**  
**class 5pm to 5:45pm** Spring session **03/16/11** Fee is \$40, \$45 for nonresidents